

# LEXINGTON PODIATRY

BRIAN J. ZINSMEISTER, D.P.M.

Medical, Surgical & Sports Podiatry

76 BEDFORD ST. #31 • LEXINGTON, MA 02420

TEL 781-862-3953

**IT IS YOUR RESPONSIBILITY TO ENSURE A REFERRAL IS IN PLACE BEFORE YOUR VISIT OR YOU WILL NOT BE SEEN!  
(PLEASE PRINT & FILL OUT ALL 3 PAGES AND SIGN PAGE 1 AND 3)**

NAME \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME \_\_\_\_\_ BUSINESS \_\_\_\_\_ CELL \_\_\_\_\_  
PHONE \_\_\_\_\_ PHONE \_\_\_\_\_ PHONE \_\_\_\_\_

DATE OF BIRTH \_\_\_/\_\_\_/\_\_\_\_ AGE \_\_\_ SEX  M  F MARITAL S M W  
STATUS D SEP PARTNER

EMAIL \_\_\_\_\_

LANGUAGE:  ENGLISH  SPANISH  OTHER: \_\_\_\_\_

ETHNICITY:  CAUCASIAN  BLACK  ASIAN  HISPANIC  OTHER: \_\_\_\_\_

REFERRED BY \_\_\_\_\_ PERSONAL PHYSICIAN \_\_\_\_\_ SOCIAL SECURITY NUMBER \_\_\_\_\_

PATIENT'S EMPLOYER \_\_\_\_\_ POSITION \_\_\_\_\_

BUSINESS ADDRESS \_\_\_\_\_

SPOUSE'S NAME \_\_\_\_\_ SPOUSE'S EMPLOYER \_\_\_\_\_ SPOUSE'S WORK PHONE \_\_\_\_\_

**PERSON RESPONSIBLE FOR BILL OR INSURANCE (IF OTHER THAN ABOVE)**

NAME \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_  
ADDRESS \_\_\_\_\_ HOME PHONE \_\_\_\_\_  
(IF OTHER THAN ABOVE) \_\_\_\_\_ PHONE \_\_\_\_\_

EMPLOYER \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
BUSINESS ADDRESS \_\_\_\_\_ BUSINESS PHONE \_\_\_\_\_

**INSURANCE INFORMATION**

INSURANCE NAME \_\_\_\_\_ INSURED'S SOC SEC # \_\_\_\_\_ GROUP # \_\_\_\_\_ POLICY # \_\_\_\_\_

1 \_\_\_\_\_

2 \_\_\_\_\_

**NEAREST RELATIVE TO NOTIFY IN AN EMERGENCY (IF NOT ALREADY LISTED)**

NAME \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_  
ADDRESS \_\_\_\_\_ HOME PHONE \_\_\_\_\_  
PHONE \_\_\_\_\_

EMPLOYER \_\_\_\_\_ POSITION \_\_\_\_\_ BUSINESS PHONE \_\_\_\_\_

**A NOTE ABOUT INSURANCE:** Insurance policies are contracts between you, the subscriber and the company. The doctor can in no way alter the contract nor guarantee your payments by the company. All fees are rendered to the patient. The receptionist will try to advise you and will fill out all necessary forms that the company may provide, other than that the patient is responsible for all fees. The above information is correct to the best of my knowledge and I consent to treatment by Brian J. Zinsmeister, D.P.M.

DATE \_\_\_\_\_ PATIENT'S SIGNATURE (Parent if Minor) \_\_\_\_\_



**LEXINGTON PODIATRY**  
BRIAN J. ZINSMEISTER, D.P.M.

**THIS INFORMATION IS IMPORTANT FOR OUR RECORDS AND YOUR HEALTH.**

Describe your foot problem:

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How long has it been bothering you?     Weeks \_\_\_\_\_     Months \_\_\_\_\_     Years \_\_\_\_\_

Any past problems or surgeries of your feet and ankles?

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Shoe Size \_\_\_\_\_    Current Weight \_\_\_\_\_    Height \_\_\_\_\_    Blood Pressure \_\_\_\_\_ / \_\_\_\_\_

Are you allergic or sensitive to a medicine or material?     Yes     No    (*Specify below*)

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Are you Diabetic?     Yes     No

If yes, how long have you been diabetic? \_\_\_\_\_    Do you take insulin?     Yes     No

Have you had any serious illnesses?     Yes     No

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What surgeries have you had?

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Are you under a physician's care?     Yes     No    If yes, for what condition(s)

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Family Physician: \_\_\_\_\_

Date last seen by this doctor: \_\_\_\_\_

May we contact your physician about your health?     Yes     No    Phone # \_\_\_\_\_

Name of your Pharmacy \_\_\_\_\_    Location: \_\_\_\_\_

Phone # \_\_\_\_\_

What medications and dosage do you take regularly?

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**CHECK ( ✓ or X ) any of the following that you have, or have had a problem with:**

- Heart                       Asthma                       Skin                       Unexplained weight loss
- Circulation                 Stomach Ulcers             Gout                       Frequent infections
- Arthritis                     Hormones                     Tuberculosis             Healing
- Kidneys                     Anemia                       Rheumatic Fever         Neurological Disorder
- Lungs                       Bladder                       Liver                       Intestines
- Cancer                     High Blood Pressure

**Do you have any artificial joints or implants?**

**Hip**  Yes  No

**Knee**  Yes  No

**Other(s)**  Yes \_\_\_\_\_

## Family History

Mother:                       Living                       Deceased                      Cause of Death \_\_\_\_\_

Father :                       Living                       Deceased                      Cause of Death \_\_\_\_\_

Brother:                       Living                       Deceased                      Cause of Death \_\_\_\_\_

Sister:                       Living                       Deceased                      Cause of Death \_\_\_\_\_

## Is There a Family History of:

	Mother	Father	Brother	Sister
<input type="checkbox"/> Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bleeding Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Neurological Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bunions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Hammertoes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Flatfeet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Circulation problems in legs or feet?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Do you smoke NOW?**     Yes                       No                      If yes, number of packs per day \_\_\_\_\_

**Did you previously smoke?**     Yes     No                      If yes, how many packs per day \_\_\_\_\_  
If yes, number of years smoked \_\_\_\_\_

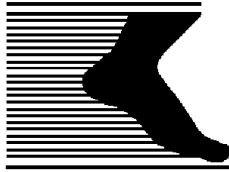
**Do you drink alcohol?**     Yes     No  
 Light Usage, 1-2 per week     Moderate, 1-2 per day     Heavy, more than 2 daily

**Employment?**     Sit at job     Stand at job     Stand & Walk at job     Retired

*The above information is correct to the best of my knowledge.*

Signature \_\_\_\_\_

Date \_\_\_\_\_



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## CONSENT

I give this practice/clinic my consent to use or disclose my protected health information to carry out my treatment, to obtain payment from insurance companies, and for health care operations like quality reviews.

I have been informed that I may review the practice/clinic's "Notice of Privacy Practices" (for a more complete description of uses and disclosures) before signing this consent.

I understand that this practice/clinic has the right to change their privacy practices and that I may obtain any revised notices at the practice/clinic.

I understand that I have the right to request a restriction of how my protected health information is used. However, I also understand that the practice/clinic is not required to agree to the request. If the practice/clinic agrees to my requested restriction, they must follow the restriction(s).

I also understand that I may revoke this consent at any time, by making a request in writing, except for information already used or disclosed.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Patient, parent or legal guardian

If signed by patient's representative, state relationship to patient: \_\_\_\_\_